



## Tobacco Control: How Do We All Play a Role?

(Activity Code: AGI-03-P154)

November 18<sup>th</sup> 2023, 10am - 12pm

Venue: Qatar Cancer Society Auditorium

Target Audience: All Healthcare Professions

**Aim:** To bring tobacco control to the forefront of public health and depict the potential benefits of shifting to a tobacco endgame mindset.

### Speakers

**Dr Mohammed Al Hamdani** Assistant professor of public health, College of Health Sciences, Qatar University Health

**Dr Ahmad Abdalla** Smoking Cessation Specialist, Tobacco Control Center, WHO Collaborating Center, Hamad Medical Corporation

**Dr Mohamed Aabdein** Specialist in community medicine and running smoking cessation clinic at Qatar University health center

**Dr Hadi Abu Rasheed** Scientific Advisor, Head of the Cancer Awareness and Professional Development Department, Qatar Cancer Society

### Activity schedule:

Time and Speakers	Schedule and Learning outcomes
10:00am	Welcoming and introduction
10:00-10:20 Dr.Mohamed Aabdein	Identify tobacco cessation services that are offered to the community through PHCC
10:20-10:30	Panel Discussion – Q & A
10:30-10:50 Dr. Ahmad Abdalla	Identify tobacco cessation services that are offered to the community through HMC
10:50-11:00	Panel Discussion – Q & A
11:00-11:20 Dr Mohammed Al Hamdani	Describe tobacco endgame strategies and examples of their implementation in other countries
11:20-11:30	Panel Discussion – Q & A
11:30-11:50 Dr Hadi Abu Rasheed	Discuss the role of civil society in tobacco control
11:50-12:00pm	Panel Discussion – Q & A

- \* The scientific planning committee has reviewed all disclosed financial relationships of speakers, moderators, facilitators and/or authors in advance of this CPD activity and has implemented procedures to manage any potential or real conflicts of interest.
- \* “This activity is an Accredited group learning activity (Category 1) as defined by Ministry of Public Health’s Department of Healthcare Professions - Accreditation Section and is approved for a maximum number of 2 Hours.”
- \* “CPD-HP (QU—Health) is accredited by Ministry of Public Health’s Department of Healthcare Professions - Accreditation Section (DHP – AS) as a provider of continuing professional development.”

## Speakers



Dr Mohammed Al-Hamdani, BSc (health promotion), MHA, PhD

Dr. Mohammed Al-Hamdani is an Assistant Professor of Public Health. He completed his graduate studies in Nova Scotia, Canada and holds a Master of Health Administration from Dalhousie University and a PhD from Saint Mary’ University. During his graduate studies, he was awarded multiple scholarships including the prestigious Joseph-Armand Bombardier Canada Graduate Scholarship of the Social Sciences and Humanities Research Council of Canada. Dr. Mohammed’s research interests include consumer addiction, health policy, and health system analysis.

Dr. Mohammed has a unique blend of public health management and post-doctoral training experiences. He was the Director of Health Initiatives at the Lung Association of Nova Scotia where he managed tobacco and vaping control initiatives and engaged in key stakeholder meetings. His contributions received several awards including Cancer Care Nova Scotia’s Leadership Excellence Award. Dr. Mohammed completed the elite Mitacs Elevate Post-Doctoral Fellowship program during which he was honored as Canada’s 2019 recipient of the Outstanding Innovation Award- Post doctoral category—an ultra-competitive award that recognizes one post-doctoral fellow in Canada every year.

Dr. Mohammed is an expert in tobacco and vaping control with over 10 years of experience in these fields. He has published first-authored articles in high tier journals including the Journal of Adolescent Health and the International Journal of Mental Health and Addiction. In addition to being a co-applicant for multiple projects, Dr. Mohammed was the Principle Investigator of the 2020-2021 Youth and Young Adult Vaping Project, a nation-wide project in Canada that guided policy changes for the federal and provincial governments. He has presented his work to provincial and national agencies in Canada and was featured in over 100 media pieces. Dr. Mohammed served as the provincial lead of Smoke-Free Nova Scotia. He also served on national committees including the national 2020 Tobacco and Vaping Control Forum in Canada.



### Dr Ahmed Abdalla – MBBS-FM Specialist- TTS

Dr Ahmed Abdalla, Tobacco Treatment Specialist at the Hamad Medical Corporation Tobacco Control Center, WHO Collaborating Center. holds MBBS of general medicine and surgery from the Red Sea University - Sudan , Diploma for family medicine from the Saudi Commission For Health Specialties , Tobacco Treatment Specialist Certificate from the

University of Massachusetts Medical School, Positive Psychology Diploma from The Arabic Institute For Studies, Hospital Management And Health Quality Diploma from Nevada Training Center .

Acts as technical supervisor in tobacco control program in KSA for more than 14 years in Najran, Makkah and Tabuk. Also acts as a trainer for family medicine program and preventive medicine at the Saudi commission for health specialties. Also, as a trainer in Sudanese specialties council.

He has many initiatives on tobacco control (awareness and treating patients), the project we are role model done in KSA and received the Excellence Award from WHO 2021, and the project A day Without Smoking done in Sudan and received the Excellence Award from WHO 2021.

Still working to increase the awareness about tobacco and training more Health Care Workers to become more active in tobacco control and treating the smoker.

### Dr. Hadi Mohamad Abu Rasheed, MD, PMP



Dr. Hadi is the Scientific Advisor and the Head of the Professional Development and Scientific Research Department and the Qatar Cancer Society (QCS).

Dr. Hadi is the representative member of the QCS in the National Cancer Governance Board in Qatar, the Gulf Federation for Cancer Control, the Union International for Cancer Control, the World Cancer Day Advisory Group, the World Ovarian Cancer Coalition, and the All.Can International.

Dr. Hadi is an Adjunct Lecturer at the College of Health Sciences at The University of Doha for Science and Technology, preceptor at the Department of Public Health - College of Health Sciences - Qatar University, Psychology and Social Work Master's Program at the Doha Institute for Graduate Studies, and Hamad Medical Corporation community medicine residency program.

Dr. Hadi graduated from the University of Aleppo – Faculty of Medicine in Syria and completed his post-graduate training at the University of Iowa in the USA.

Dr. Hadi presented at more than 100 medical conferences and was involved as a Co-PI in research projects that have earned grants of around half a million dollars in the USA and Qatar.