

## Navigating Autism Spectrum: A Comprehensive Journey Toward Compassionate and Holistic Care

Activity Code: AGI-03-P168

24<sup>th</sup>April 2024 – May 22<sup>nd</sup> 2024, 12:00pm - 1:00 pm A series of 5 sessions – Every Wednesday Venue: Via WebEx

Target Audience: Physicians, Dentists, Pharmacists, Nurses, Allied HC, Health Researchers & Educators

## Aim:

To discuss critical aspects of Autism Spectrum Disorder diagnosis, interdisciplinary care, and patient experiences.

## **Overall Learning Objectives:**

- Recognize core features, signs/symptoms, and risk factors of Autism Spectrum Disorder (ASD) across different ages
- Distinguish between ASD and other co-occurring neurodevelopmental disorders
- Discuss evidence-based therapies and services provided to children with autism
- Describe the roles of other healthcare providers in providing care for children with autism
- Discuss strategies of providing empathetic, neurodiversity-affirming, person-centered care to people with ASD

## Speakers

This CPD Series will be delivered by a group experts in the management and care of people with Autism Spectrum Disorder within national institutions including Hamad Medical Corporation, Reenad Academy, Hamad Bin Khalifa University, Sidra Medicine & Child Development Center for Special Needs.

- \* The scientific planning committee has reviewed all disclosed financial relationships of speakers, moderators, facilitators and/or authors in advance of this CPD activity and has implemented procedures to manage any potential or real conflicts of interest.
- \* "This activity is an Accredited group learning activity (Category 1) as defined by Ministry of Public Health's Department of Healthcare Professions Accreditation Section and is approved for a maximum number of 5 Hours."
- \* "CPD-HP (QU—Health) is accredited by Ministry of Public Health's Department of Healthcare Professions Accreditation Section (DHP – AS) as a provider of continuing professional development."





Date, Time and Speakers	Schedule and Learning outcomes
April 24, 2024 12:00- 12:30	Activity 1: Presentation, diagnosis, screening, and genetics  Learning objectives:  Recognize core features, signs/symptoms, and risk factors of Autism Spectrum Disorder (ASD) across different ages  Identify common ASD screening and diagnostic tools  Discuss the relationship between genetics and ASD
12:30- 13:00	Discussion - Q&A
May 1 2024 13:00- 13:30	Activity 2: Autism Spectrum Disorder and co-occuring conditions  Learning objectives:  Discuss examples of common comorbidities and conditions associated with ASD  Distinguish between ASD and other co-occurring neurodevelopmental disorders (ADHD, LD, intellectual disability, cerebral palsy)  Discuss the challenges of diagnosing and treating comorbidities in individuals with autism
13:30- 14:00	Discussion - Q&A
May 8, 2024 12:00- 12:30	Activity 3: Evidence-based interdisciplinary care  Learning objectives:  Discuss evidence-based therapies and services provided to children with autism  Describe the roles of other healthcare providers in providing care for children with autism.
12:30- 13:00	Discussion - Q&A
May 15, 2024 12:00- 12:30	<ul> <li>Activity 4: Creating a multi-disciplinary system of care</li> <li>Learning objectives:         <ul> <li>Describe the roles of other healthcare providers in providing care for children with autism</li> <li>Direct patients and family members to available and appropriate organizations and services in Qatar</li> <li>Discuss opportunities for continuity of care beyond hospital settings and creation of a multidisciplinary care system in Qatar</li> <li>Describe strategies of providing information about ASD to individuals with autism and/or family members.</li> </ul> </li> </ul>
12:30- 13:00	Discussion - Q&A





May 22, 2024 12:00- 12:30	Activity 5: Patient and family experience
	<ul> <li>Learning objectives:         <ul> <li>Discuss strategies of providing empathetic, neurodiversity-affirming, person-centered care to people with ASD (for ASD and other conditions)</li> <li>Describe the strategies to building and strengthening family support systems</li> <li>Discuss challenges of and solutions to creating ASD stigma-free culture</li> <li>Distinguish between positive and stigmatizing language used in the context of ASD</li> </ul> </li> </ul>
12:30- 13:00	Discussion - Q&A